

Student Accident and Sickness Insurance Program

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Designed for the
Students of

SIMMONS COLLEGE

2008-2009

Nationwide Life Insurance Company

Policy Number: 302-015-2006

Effective August 15, 2008 through August 14, 2009

IMPORTANT NOTICE

This brochure provides a brief description of the important features of the Policy. It is not a Policy. Terms and conditions of the coverage are set forth in the Policy. We will notify Covered Persons of all material changes to the Policy. Please keep this material with your important papers.

NONDISCRIMINATORY

Health care services and any other benefits to which a Covered Person is entitled are provided on a nondiscriminatory basis, including benefits mandated by state and federal law.



This health plan **meets Minimum Creditable Coverage standards** and will satisfy the individual mandate that you have health insurance. Please see page 7 for additional information.

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Serviced By:

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Underwritten By:

Nationwide Life Insurance Company

HEALTH CARE SERVICES FOR STUDENTS AT SIMMONS COLLEGE

HOW CAN I OBTAIN MEDICAL CARE WHILE I AM A STUDENT AT SIMMONS COLLEGE?

The Simmons Health Center is available for primary care medical services for all Simmons students. The Health Center is affiliated with Beth Israel Deaconess Medical Center, a major teaching hospital of Harvard Medical School.

Location	94 Pilgrim Road, on the Simmons Residence Campus
Telephone	(617) 521-1002
Fax	(617) 521-3467

Hours (Undergraduate Academic Year)	Monday–Thursday 9:00am–5:00pm Friday 9:00am-5:00pm	Saturday, Sunday, Holidays 12:00pm – 4:00pm
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Hours (Summer/ Intercession)	Call the Health Center for Summer Hours (617) 521-1002
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After-hours **Nurse practitioner or doctor-on-call for urgent medical issues. Contact Simmons Public Safety (617) 521-1112.**

Physician Staff	All Health Center Doctors are board-certified in internal medicine and have appointments at Beth Israel Deaconess Medical Center and Harvard Medical School.
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DO I HAVE TO PAY FOR SERVICES AT THE SIMMONS HEALTH CENTER?

All students who have paid the Student Health Center Fee have coverage for unlimited office visits at the Simmons Health Center and for some laboratory tests performed there. Some laboratory tests and x-rays are not covered by the Student Health Center Fee, and students use either their health insurance to pay for those tests or pay out-of-pocket. For Graduates and Dix Scholars living off campus, the Student Accident & Sickness Insurance Program offered by University Health Plans and described in this brochure covers office visits at the Simmons Health Center for Sickness and Injury at 100%. The Simmons-sponsored insurance policy also covers most laboratory tests ordered at the Simmons Health Center at 80%.

HOW DOES THE STUDENT HEALTH CENTER FEE DIFFER FROM HEALTH INSURANCE?

The Student Health Center Fee covers the cost of most services at the Simmons College Health Center. The fee is paid each semester.

The Student Health Center Fee is **mandatory** for:

- Undergraduates
- Graduate students living on-campus
- Dix Scholars living on-campus

The Student Health Center Fee is **optional** for:

- Graduate students living off-campus
- Dix Scholars living off-campus

All full time and 3/4 time students attending colleges and universities in Massachusetts must be covered by "health insurance" that meets standards defined by the Commonwealth of Massachusetts. Health insurance covers the cost of medical services provided off-campus. Students typically either have private insurance or they purchase health insurance from a college-sponsored student health insurance plan. Simmons College offers student health insurance through Nationwide Life Insurance Company. In addition to the Student Health Center Fee, this brochure contains detailed information about the Simmons-sponsored insurance policy.

HOW CAN I KEEP OUT-OF-POCKET MEDICAL EXPENSES TO A MINIMUM?

When You are ill, You will minimize Your out-of-pocket expenses if You use the Simmons Health Center for primary care and for assistance with referrals elsewhere. As a Simmons student insured by the Simmons College Student Accident & Sickness Insurance Program, You will not be charged for office visits at the Health Center if they are for Sickness or Injury. If You obtain medical care off-campus, Your health insurance may not cover some or all of the charges, and You or Your family may incur some otherwise avoidable expenses.

STUDENT ACCIDENT AND SICKNESS INSURANCE PROGRAM

The following pages are a brief description of the Accident and Sickness Insurance Program. This program is underwritten by Nationwide Life Insurance Company. The exact provisions governing this insurance are contained in the Policy issued to the school and may be viewed at the Health Center during business hours. The Policy shall control in the event of any conflict between this Brochure and the Policy. **Please retain this Brochure for future reference.**

PHCS PREFERRED PROVIDER NETWORK

By enrolling in this Insurance Program, you have the PHCS Preferred Provider Network, except in the Western Massachusetts Counties of Hampden, Hampshire, Berkshire and Franklin where you have the CHP Preferred Provider Network, available to You and Your Dependents, if any, through Massachusetts, providing access to quality health care at discounted fees. A complete listing is available at www.phcs.com, www.chpstudent.com, or www.universityhealthplans.com.

A Preferred Provider may require a Covered Person to pay an annual fee for inclusion within the Preferred Providers panel of patients. Any services that are represented to be a part of the Preferred Provider's annual service agreement are part of that separate agreement and are not part of this Insurance Program.

THE PROGRAM DOES NOT REQUIRE YOU TO USE A PREFERRED PROVIDER, but if a Covered Medical Expense is incurred through a Preferred Provider, the Program will pay:

- For covered Doctor's office visits, including Licensed Mental Health Professionals, 100% of the discounted fee after a \$10 co-pay.
- For covered medical treatments other than Doctor's office visits, including Licensed Mental Health Professionals, 80% coverage of the discounted fee, meaning that Your 20% share of the fee is also discounted.

Payments are subject to:

- An aggregate maximum benefit and to internal maximum benefits;
- Limits as stated in the Policy Schedule of Benefits; and
- Terms and conditions of the Policy and any Exclusions.

As an Insured Student with health benefits through Simmons College, You will receive maximum benefits under the Policy when You use a PHCS PPO Provider or in the Western Massachusetts Counties of Hampden, Hampshire, and Berkshire and Franklin where you use a CHP PPO Provider.

If a Preferred Provider is not available in a particular area or specialty, the Policy will cover at the Preferred Provider level until a provider has been added.

Coverage will be provided at the Preferred Provider level for a provider who is not a Preferred Provider for the first 30 days from the effective date of coverage if a Covered Person is undergoing an ongoing course of treatment or the provider is the Covered Person's primary care provider.

If the Covered Person is a female who is in her 2nd or 3rd trimester of pregnancy and whose provider in connection with her pregnancy is involuntarily disenrolled, other than disenrollment for quality-related reasons or fraud, treatment will be allowed with said provider, according to the terms of the Policy, for the period up to and including the Covered Persons first postpartum visit.

If a Covered Person is terminally ill and the provider in connection with said Sickness is involuntarily disenrolled, other than for quality related reasons or fraud, the Covered Person will be allowed to continue treatment with said provider, according to the terms of the Policy, until the death of the Covered Person.

Continued coverage is conditioned upon the provider agreeing to:

- Accept reimbursement at the rates applicable prior to notice of disenrollment as payment in full and not to impose cost sharing with respect to the Covered Person in an amount that would exceed the cost sharing that could have been imposed if the provider had not been disenrolled; and
- Adhere to the Policy's quality assurance standards and to provide necessary medical information related to the care provided; and
- Adhere to Our policies and procedures.

Physician profiling information may be available from the Board of Registration in Medicine for physicians licensed to practice in Massachusetts.

We will provide coverage for pediatric specialty care to Covered Persons requiring such services, including mental health services, by a person with recognized expertise in specialty pediatrics.

For a listing of Preferred Providers, please call PHCS at (866) 559-7427 or Consolidated Health Plans at (413) 733-4540 or toll-free at (800) 633-7867 for assistance. You may also access this information on PHCS's website at: www.phcs.com, Consolidated Health Plans's website at: www.chpstudent.com, or University Health Plan's website at www.universityhealthplans.com.

ELIGIBILITY

MASSACHUSETTS REQUIREMENT TO PURCHASE HEALTH INSURANCE:

As of January 1, 2009, the Massachusetts Health Care Reform Law requires that Massachusetts residents, eighteen (18) years of age and older, must have health coverage that meets the Minimum Creditable Coverage standards set by the Commonwealth Health Insurance Connector, unless waived from the health insurance requirement based on affordability or individual hardship. For more information call the Connector at 1-877-MA-ENROLL or visit the Connector website (www.mahealthconnector.org).

This health plan meets **Minimum Creditable Coverage** standards that are effective during the term of coverage as part of the Massachusetts Health Care Reform Law. If you purchase this plan, you **will satisfy** the statutory requirements that you have health insurance meeting these standards.

In addition to the Student Health Center Fee, all registered undergraduate and graduate students taking 3/4 of full-time credit hours or more and participants in English Language Programs are required to purchase this insurance plan unless proof of comparable coverage is furnished. All other registered students taking more than 3 but less than 9 credit hours are eligible to enroll in this insurance plan by completing the enclosed enrollment forms.

Students must actively attend classes for at least the first 31 days after the date for which coverage is purchased, unless unable to attend due to medical reasons and placed on a medical leave of absence. Home study, correspondence, and television (TV) courses do not fulfill the Eligibility requirements that the student actively attend classes. The Company maintains its right to investigate student status and attendance records to verify that the Policy Eligibility requirements have been met. If and whenever the Company discovers that the Policy Eligibility requirements have not been met, its only obligation is refund of premium.

Eligible students who enroll may also insure their Dependents by contacting Simmons College Student Accounts. Eligible Dependents are the spouse and unmarried children under 26 years of age who are not self-supporting. Dependent Eligibility expires concurrently with that of the Insured student.

POLICY TERM

The Master Policy which is on file at the college, becomes effective at 12:00 a.m., August 15, 2008. For students not enrolling through the school's waiver program, coverage becomes effective on that date, or the date premium is received by the Company, or its authorized representative, whichever is later. The Master Policy terminates at 11:59 p.m., August 14, 2009. Coverage for students who enroll in the Plan for the Spring Semester, is effective at 12:00 a.m. on January 1, 2009 and terminates at 11:59 p.m. on August 14, 2009. Coverage for students who enroll in the Plan for the Summer Semester, is effective at 12:00 a.m. on May 10, 2009 and terminates at 11:59 p.m. on August 14, 2009.

REFUND OF PREMIUM

Except for medical withdrawal due to a covered Injury or Sickness, any student withdrawing from school during the first 31 days of the period for which coverage is purchased shall not be covered under the Policy and a full refund of the premium will be made. Students withdrawing after such 31 days will remain covered under the Policy for the full period for which premium has been paid and no refund will be allowed.

Covered Persons entering the armed forces of any country will not be covered under the Policy as of the date of such entry. A pro-rata refund of premium will be made for such person upon written request received by the Company within 90 days of withdrawal from school. Refunds for any other reason are not available.

TERMINATION OF COVERAGE

Your coverage will terminate on the earliest of one of the following; upon entry into the armed forces of any country; or the end of the coverage period for which premium was paid; or the date the Policy terminates. No benefits are payable after termination, except as stated in the Extension of Benefits provision.

A Covered Person's coverage may be cancelled, or its renewal refused, only in the following circumstances: failure by the Covered Person or other responsible party to make payments under the Policy; misrepresentation or fraud on the part of the Covered Person; commission of acts of physical or verbal abuse by the Covered Person which pose a threat to providers or other insureds and which are unrelated to the Covered Person's physical or mental condition; relocation of the Covered Person outside the Policy's service area; or non-renewal or cancellation of the Policy through which the Covered Person receives coverage or the Covered Person is no longer a student or Dependent.

No Covered Persons were involuntarily disenrolled within the past 2 years.

COVERAGE FOR DEPENDENTS

If You are covered under the Policy, coverage may be purchased for Your eligible Dependents. Your Dependents will be covered for the same benefits for which You are covered. Dependent coverage, if any, begins and ends with Your coverage.

Coverage for newly born infants and adoptive children shall consist of Injury or Sickness including the necessary care and treatment of medically diagnosed congenital defects and birth abnormalities or premature birth including the cost of a newborn hearing screening test to be performed before the newborn infant is discharged from the hospital or birthing center to the care of the parent or guardian or as provided by the regulations of the department of public health.

A Dependent newborn child will be automatically covered under the Policy from the moment of birth until the 31st day following birth. During the 31-day period, we must receive written notice of the birth and the required premium must be paid.

EXTENSION OF BENEFITS AFTER TERMINATION

The coverage provided under the Policy ceases on the Termination Date. However, if a Covered Person is hospital confined on the Termination Date from a covered Injury or Sickness for which benefits were paid before the Termination Date, Covered Medical Expenses for such Injury or Sickness will continue to be paid as long as the condition continues but not to exceed 90 days after the Termination Date.

The total payments made in respect of the Covered Person for such condition both before and after the Termination Date will never exceed the Maximum Benefit. After this Extension of Benefits After Termination provision has been exhausted, all benefits cease to exist, and under no circumstances will further payments be made.

CONTINUATION PRIVILEGE

Covered Persons who become ineligible for coverage due to leaving the school due to graduation, or for other purposes, may continue coverage from the termination date by calling University Health Plans at (617) 472-5324 or (800) 437-6448 prior to 8/14/08.

DEFINITIONS

Accident means a sudden, unexpected and unforeseen, identifiable event producing at the time objective symptoms of an Injury. The Accident must occur while a Covered Person is insured under the policy.

Biologically Based Mental Disorders means those disorders described in the most recent edition of the Diagnostic and Statistical Manual of the American Psychiatric Association, referred to as "the DSM": schizophrenia, schizoaffective disorder, major depressive disorder, bipolar disorder, paranoia and other psychotic disorders, obsessive-compulsive disorder, panic disorder, delirium and dementia, affective disorders, and any biologically-based mental disorders appearing in the DSM that are scientifically recognized and approved by the commissioner of the department of mental health in consultation with the commissioner of the division of insurance.

CHP Preferred Provider means a provider in the Consolidated Health Plans network who contracts to provide services at a discounted rate.

Co-payment means separate charge for certain Covered Medical Expenses which is paid by the Covered Person.

Covered Medical Expense means the Reasonable and Customary Charge for a service or supply, which is performed or given under the direction of a Doctor for the treatment of Injury or Sickness pursuant to the terms of the Policy.

Covered Person means You or a Dependent insured under the Plan.

Dependent means a person who resides with You and is Your: legal spouse; unmarried child(ren) under age 26 who are/is financially dependent on You. The term child includes a stepchild, a foster child, an adopted child and a child legally placed with You as a prospective adoptive parent, even if the adoption has not been finalized; child, despite attaining age 26, who is incapable of self-sustaining employment by reason of mental retardation or physical handicap and dependent on You for financial support.

Doctor means a licensed practitioner of the healing arts acting within the scope of his or her license. The Doctor may not be a member of the Covered Person's immediate family. Doctor includes, but is not limited to, podiatrists, dentists, chiropractors, certified registered nurse anesthetist, nurse practitioner and certified nurse midwife.

Emergency Medical Condition means a medical condition, whether physical or mental, manifesting itself by symptoms of sufficient severity, including severe pain, that the absence of

prompt medical attention could reasonably be expected by a prudent layperson who possesses an average knowledge of health and medicine, to result in placing the health of a Covered Person in serious jeopardy, serious impairment to body function, or serious dysfunction of any body organ or part, or, with respect to a pregnant woman, serious jeopardy to the fetus.

A Covered Person has the option of calling the local pre-hospital emergency medical service system by dialing the emergency telephone access number 911, or its local equivalent, whenever a Covered Person is confronted with an Emergency Medical Condition which in the judgment of a prudent layperson would require pre-hospital emergency services. No Covered Person shall in any way be discouraged from using the local pre-hospital emergency medical services system, the 911 telephone number, or the local equivalent, or be denied coverage for medical and transportation expenses incurred as a result of such emergency medical condition.

Experimental/Investigative Services and Charges Will not be considered experimental/investigative if successfully completed Stage III clinical trials of the United States Food and Drug Administration.

Home Health Care means part-time nursing care, by or supervised by, a registered graduate nurse; part-time home health aide service which consists mainly of caring for the patient; physical, occupational, respiratory or speech therapy; nutrition counseling; medical social services by a qualified social worker licensed by the jurisdiction where services are rendered; medical supplies, prosthetic and orthopedic appliances, rental or purchase of durable medical equipment, drugs and medicines obtainable by prescription only, including insulin, but only to the extent that such charges would have considered covered expenses had the Covered Person required confinement in a hospital or in a skilled nursing facility.

Hospice Care means Doctor services; nursing care provided by or under the supervision of a registered professional nurse; social services; volunteer services; and counseling services provided by a professional or volunteer staff under professional supervision.

Injury means bodily harm caused by an Accident, which results in loss. All Injuries sustained in one (1) Accident, including related conditions, will be considered one (1) Injury.

Licensed Mental Health Professional means a licensed physician who specializes in the practice of psychiatry, a licensed psychologist, a licensed independent clinical social worker, a licensed mental health counselor, or a licensed nurse mental health clinical specialist.

Loss means medical expense caused by Injury and Sickness and covered by the Policy.

Mental Illness means either the Biologically-Based Mental Disorders; or rape-related mental or emotional disorders for victims of a rape or victims of an assault with intent to commit rape; or a Non-Biologically Based Mental, Behavioral or Emotional Disorder of a Child or Adolescent Under the Age of 19; or all other mental disorders described in the most recent edition of the DSM.

Non-Biologically Based Mental, Behavioral or Emotional Disorders of a Child or Adolescent Under the Age of 19 means a disorder described in the most recent edition of the DSM which substantially interferes with or substantially limits the functioning and social interactions of such a child or adolescent; provided, that said interference or limitation is documented by and the referral for said diagnosis and treatment is made by the primary care Doctor, primary pediatrician, or a Licensed Mental Health Professional of such a child or adolescent or is evidenced by conduct, including, but not limited to: 1) an inability to attend school as a result of such a disorder, 2) the need to hospitalize the child or adolescent as a result of such disorder, or 3) a pattern of conduct or behavior caused by such a disorder which poses a serious danger to self or others. The Policy shall continue to provide such coverage to any adolescent who is engaged in an ongoing course of treatment beyond the adolescent's 19th birthday until said course of treatment, as specified in said adolescent's treatment plan, is completed and while the benefit contract under which such benefits first became available remains in effect, or subject to a subsequent benefits contract which is in effect.

PHCS Preferred Provider means a provider in the PHCS Systems network who contracts to provide services at a discounted rate.

Preventive Care Services means services rendered to a Dependent child from the date of birth through the attainment of six (6) years of age and shall include physical examination, history, measurements, sensory screening, neuropsychiatric evaluation and development screening, and assessment at the following intervals: six (6) times during the child's first year after birth, three (3) times during the next year, annually until age six (6). Such services shall also include hereditary and metabolic screening at birth, appropriate immunizations, and tuberculin tests, hematocrit, hemoglobin or other appropriate blood tests, and urinalysis as recommended by the Doctor.

Reasonable and Customary Charge (R&C) means the usual amount charged by a Provider for a service or supply, regardless of insurance coverage, but not more than the amount charged by most providers in the same area for a similar service.

Sickness (Sick) means illness or disease which begins or for which expense is incurred while coverage is in force under the Policy. Sickness includes normal pregnancy and complications of pregnancy. All related conditions and recurring symptoms of a Sickness will be considered one (1) Sickness.

We, Our, or Us means Nationwide Life Insurance Company.

You, Your, Yours means the insured student.

BASIC ACCIDENT AND SICKNESS EXPENSE BENEFITS

The Policy will pay **80%**, except as specifically stated, of Covered Medical Expenses incurred by a Covered Person due to a covered Sickness or covered Injury, up to a maximum benefit of \$50,000 per Sickness or Injury. Payments made to non-preferred providers shall be a percentage of the provider's fees, up to the Reasonable and Customary Charge, and not a percentage of the amount paid to Preferred Providers. Covered Medical Expenses are considered incurred on the date the treatment or service is rendered or the supply is furnished. Covered Medical Expenses are:

Hospital Room and Board and general nursing care while hospital confined, up to the semi-private room rate or intensive care unit rate, if applicable.

- *The Policy will pay 100% if a preferred provider is utilized.*

Miscellaneous hospital charges incurred while hospital confined, including expenses for: anesthesia; operating room; laboratory tests; x-rays; oxygen tent; pre-admission tests; medicines or supplies; dressings; other non-room and board expenses; prescription drugs, excluding take-home drugs.

- *The Policy will pay 100% if a preferred provider is utilized.*

Services of a private duty registered nurse or licensed practical nurse.

Services of a Doctor during hospital confined, limited to one (1) visit per day. This benefit does not apply when related to surgery.

Use of an Ambulance for an Emergency Medical Condition, up to a \$250 maximum.

Doctor's fee for Surgery, up to a \$5,000 maximum, based on data provided by Ingenix. When more than one surgical procedure is performed through the same incision or in immediate succession, the additional surgery will be covered at 50%.

Services of an Anesthetist who is not employed or retained by the hospital in which the surgery is performed, up to 30% of the amount paid the surgeon.

Service of an Assistant Surgeon required by the hospital, or by the procedure, up to 30% of the amount paid the surgeon.

Second Surgical Opinion by a board certified specialist in the medical field relating to the surgical procedure to be performed.

Benefit includes x-rays and diagnostic tests when elective surgery is recommended. This benefit shall not exceed 5% of the amount paid to the surgeon.

Outpatient services provided in a Doctor's office, Licensed Mental Health Professional's office, a community mental health center, home based services for Mental Illness, chiropractor visits, hospital or outpatient department or emergency room, clinical lab, radiological facility or similar facility licensed by the state. Outpatient services include Chlamydia and GC screening.

Outpatient services are paid subject to the following per visit Co-payments:

- Emergency room, not resulting in a hospital admission - \$50, \$50 is waived when admitted to a preferred provider hospital.
- Office visits at Simmons Health Center or Beth Israel Deaconess Medical Center will be paid at 100% after a \$10 co-pay.
- **Doctor's office visits to a PHCS Preferred Provider will be paid at 100% after a \$10 co-pay, limited to 1 visit per day.**

Physiotherapy treatments prescribed by a Doctor, limited to 1 visit per day. The prescription must be for a stated number of treatments.

Prescription Drugs to a maximum of \$1,000 per policy year after a \$10 co-pay per prescription or a refill or of a generic drug and an \$25 co-pay per prescription refill of a brand name drug, including hormone replacement therapy and contraceptive outpatient prescription drugs or devices approved by the U. S. Food and Drug Administration. Coverage for a prescription drug will not be excluded for the treatment of cancer or HIV/AIDS on the grounds that the drug has not been approved by the U.S. Food and Drug Administration (FDA) for that indication, if such drug is recognized for treatment of such indication in one (1) of the standard reference compendia, in medical literature, or by the commissioner under the provisions of section forty-seven L (47L) of the Massachusetts General Laws. Prescription Drug coverage shall also include Medically Necessary services associated with the administration of the drug. Prescriptions must be filled at an "Express Scripts" Participating Pharmacy. Covered Persons will be given an ID card to show the Pharmacy as proof of coverage. No claim forms need to be completed once you receive this ID card. Until such card is received, you may fill prescriptions and be reimbursed by submitting a completed "Express Scripts" claim form. Claim forms can be obtained from the Student Health

Center, Counseling Office or Consolidated Health Plans. A directory of participating pharmacies is also available at the Student Health Center and Counseling Office, or call Express Scripts directly at (800)-332-5455.

Accidental Dental Expense: Up to \$500 per tooth for Injury to a sound, natural tooth.

Sickness Dental Expense for services of a Doctor for removal of impacted wisdom teeth, payable at 80%, up to a maximum benefit of \$50 per tooth. No other benefits for impacted wisdom teeth will be paid.

Allergy Testing/Treatment Expense: Up to \$225 per policy year.

Braces and Appliances Expense: Payable at 80%, up to a maximum benefit of \$100. A written prescription must accompany the claim when submitted. Replacement braces and appliances are not covered.

Consultant Physician Expense: Up to a maximum benefit of \$250 when requested and approved by the attending Doctor.

Mental Illness treatment for Biologically Based Mental Disorders; rape-related mental or emotional disorders; and Non-Biologically Based Mental, Behavioral or Emotional Disorders of Child and Adolescents Under the Age of 19 will be paid the same as any other Sickness, except the diagnosis and treatment of rape-related mental or emotional disorders will be paid only if the costs of such diagnosis and treatment exceed the maximum compensation awarded to such victims. Treatment will consist of inpatient; intermediate and outpatient services that permit active and non-custodial treatment to take place in the least restrictive clinically appropriate setting.

Mental Illness treatment of all other Mental Disorders: which are described in the most recent edition of DMS, consisting of inpatient, intermediate and outpatient services that permit active and non-custodial treatment to take place in the least restrictive clinically appropriate setting. Treatment is limited during each 12-month period for a minimum of 60 days inpatient treatment and 24 outpatient visits.

Psychopharmacological services and Neuropsychological assessment services expense.

Treatment of Alcoholism and Chemical Dependency:

- **Inpatient:** Confinement in a hospital or in any other public or private facility providing services especially for the detoxification or rehabilitation and which is licensed by the department of public health, or in a residential alcohol treatment program, up to 30 days in any calendar year.

- **Outpatient:** Outpatient services furnished by a hospital or by any public or private facility or portion thereof providing services especially for the rehabilitation of intoxicated persons or alcoholics, up to \$500 per Policy Year.

The limitation on benefits for treatment of alcoholism and chemical dependency shall not apply when said treatment is rendered in conjunction with treatment of mental or nervous disorders.

Cytological Screening and Mammogram: Benefits will be provided for: one (1) annual cytological (pap smear) screening for ages 18 and over; a baseline mammogram for ages 35 through 39; and a mammogram every year for women age 40 and over.

Home Health Care services.

Hospice Care: services of a licensed hospice care agency which are furnished to a Covered Person at home, on an outpatient basis or on a back-up in-patient basis, as defined by the Department of Public Health.

Cardiac Rehabilitation: for a Covered Person who has a documented cardiovascular disease. Multidisciplinary outpatient treatment will be provided in either a hospital or other setting.

Treatment must meet standards promulgated by the Commissioner of Public Health and be initiated within 26 weeks after the diagnosis of the disease.

Bone Marrow Transplant: for treatment of metastatic breast cancer. If a bone marrow transplant is not available from a Preferred Provider, benefits will be paid at the Preferred Provider level for services rendered by a non-preferred provider.

Non-prescription Enteral Formulas: up to \$2,500 per Policy year for non-prescription enteral formulas for the treatment of malabsorption caused by Crohn's disease, ulcerative colitis, gastroesophageal reflux, gastrointestinal motility, chronic intestinal pseudo-obstruction, and inherited diseases of amino acids and organic acids.

Diabetes: diagnosis and treatment expense for treatment of insulin-dependent, insulin-using, gestational and non-insulin-dependent diabetes. Benefit includes expense for blood glucose monitors; blood glucose monitoring strips for home use; voice-synthesizers for blood glucose monitors for use by the legally blind; visual magnifying aids for use by the legally blind; urine glucose strips; ketone strips; lancets; insulin; insulin syringes; prescribed oral diabetes medications that influence blood sugar levels; laboratory tests, including glycosylated hemoglobin, or HbA1c tests; urinary/protein/microalbumin and lipid profiles; insulin pumps and insulin pump supplies; insulin pens, so-called; therapeutic/molded shoes and shoe inserts for people who have severe diabetic foot disease when the need for therapeutic shoes

and inserts has been certified by the treating doctor and prescribed by a podiatrist or other qualified doctor and furnished by a podiatrist, orthotist, prosthetist or pedorthist; supplies and equipment approved by the FDA for the purposes for which they have been prescribed and diabetes outpatient self-management training and education, including medical nutrition therapy.

Diagnosis and treatment of Infertility: payable the same as any other Sickness. Infertility is a condition of a presumably healthy individual who is unable to conceive or produce conception during a period of one (1) year. Benefit includes expense incurred for the following non-experimental infertility procedures: artificial insemination; in vitro fertilization and embryo placement; gamete intra-fallopian transfer; zygote intrafallopian transfer; Intracytoplasmic sperm injection for the treatment of male factor infertility; and sperm, egg and/or inseminated egg procurement and processing, and banking of sperm or inseminated eggs, to the extent such costs are not covered by the donor's insurer, if any. Coverage is not limited to sperm provided by the Covered Person's spouse.

Scalp Hair Prosthesis expense: for prosthesis worn for hair loss suffered as a result of the treatment of any form of cancer or leukemia, payable up to \$350 per policy year.

Maternity expense: to include expenses for prenatal care, childbirth and post-partum care (including well baby care) on the same basis as any other Sickness. Benefit includes hospital inpatient care for 48 hours following vaginal delivery and 96 hours following a cesarean section. Any decision to shorten maternity stays shall be made by the attending Doctor in consultation with the mother, in accordance with regulations promulgated by the Department of Public Health. The Covered Person is entitled to one home visit should they elect to participate in an early discharge.

Preventive and Primary Care services: expense for Dependent children from the date of birth through the attainment of six (6) years of age.

Special Medical Formulas: for treatment of phenylketonuria, tyrosinemia, homocystinuria, maple syrup urine disease, propionic acidemia, or methylmalonic acidemia in infants and children or to protect the unborn fetuses of pregnant women with phenylketonuria.

Early Intervention services: for early intervention services delivered by certified early intervention specialists for children from birth until their 3rd birthday, up to \$5,200 per year and an aggregate benefit of \$15,600 over the total enrollment period.

Emergency services: expense for health care items and services furnished in an emergency department and all ancillary services routinely available to an emergency department to the extent they are required for stabilization of an Emergency Medical Condition.

If a Covered Person receives emergency services and cannot reasonably reach a Preferred Provider, payment for emergency services will be at the same level and in the same manner as if the person had received treatment by a preferred provider.

Human Leukocyte Antigen Testing or Histocompatibility Locus Antigen Testing: that is necessary to establish bone marrow transplant donor suitability. The coverage shall cover the costs of testing for A, B or DR antigens, or any combination thereof, consistent with rules, regulations and criteria established by the department of public health.

High Cost Procedure Expense: Covered Medical Expenses for high cost procedures in excess of \$200, such as, but not limited to, outpatient diagnostic C.A.T. Scans, Magnetic Resonance Imaging, and Laser treatments are payable at 80% of the negotiated charge (in-network) or 80% of reasonable & customary charge (out-of-network) to a maximum of \$2,000 per Accident or Sickness.

Speech, Hearing and Language Disorders: Diagnosis and treatment of speech, hearing and language disorders by individuals licensed as speech-language pathologists or audiologists under the provisions of chapter 112, if such services are rendered within the lawful scope of practice for such speech-language pathologists or audiologists regardless of whether the services are provided in a Hospital, clinic or private office, payable the same as any other Sickness. Coverage shall not extend to the diagnosis or treatment of speech, hearing and language disorders in a school-based setting.

Breast Reconstruction Incident to Mastectomy: Reconstruction of the breast on which the mastectomy has been performed; surgery and reconstruction of the other breast to produce a symmetrical appearance; and prostheses and physical complications of all stages of mastectomy, including lymphedemas; in a manner determined in consultation with the attending Doctor and patient.

Hormone Replacement Therapy: for pre- and post-menopausal women.

Outpatient Contraceptive Services: including consultations, examinations, procedures and medical services related to contraceptive methods to prevent pregnancy approved by the U.S. Food and Drug Administration under the same terms and conditions for other outpatient services.

Cancer Clinical Trials: for Qualified Cancer Clinical Trials as defined in MA Chapter 257 subject to all other terms and conditions of the policy.

EXCESS COVERAGE LIMITATION

No benefits are provided by the Policy for expenses which are reimbursable by any other valid and collectible hospital or insurance plan, but such charges in excess thereof shall be covered as otherwise provided.

The time for which You are covered under this plan may be eligible for crediting toward satisfaction in a plan under which You subsequently become covered. When Your coverage terminates under this Plan, Consolidated Health Plans will, at Your request, issue a Certificate of Coverage to You for that purpose.

EXCLUSIONS

The Policy does not cover Loss nor provide benefits for:

1. Expenses for daily hospital room and board higher than the usual semi-private room charge or higher than the usual charge for the Intensive Care Unit, if applicable.
2. Expenses incurred for medical services, treatments and supplies for which no charge would have been normally made in the absence of insurance.
3. Services normally provided without charge by Your Health Services, Infirmary or Hospital or any employees thereof.
4. Surgery for the correction of refractive error and services in connection with eye examinations, eye glasses or contact lenses or hearing aids, except as required for a repair due to an Accident in which the Covered Person sustains an Injury.
5. Loss resulting from participation in an illegal occupation, riot, civil commotion or act of terrorism; or committing, or attempting to commit, a felony.
6. Elective plastic or cosmetic surgery, unless resulting directly from an Injury which necessitated medical treatment within 24 hours of the Accident. This exclusion does not apply to cosmetic surgery made necessary by an Injury or a congenital disease or deformity of a newborn child who is a Dependent insured under the Policy.
7. Loss resulting from air travel, except as a fare-paying passenger on a commercial airline.
8. Injury or Sickness resulting from war, declared or undeclared.
9. Injury sustained or Sickness contracted while in the armed forces of any country.
10. An occupational loss covered by any occupational benefit plan, Workers' Compensation Act or similar law.

11. Treatment, services or supplies received in a governmental hospital unless the Covered Person is legally obligated to pay such charges in the absence of insurance.
12. Outpatient expense incurred for treatment of drug, alcohol, Mental Illness except as specifically stated.
13. Expense incurred for treatment of injuries resulting from any motor vehicle accident to the extent covered by other valid and collectible insurance, or third party action.
14. Expenses, which are reimbursable by any other valid and collectible hospital or insurance, plan, but such charges in excess thereof shall be covered as otherwise provided.
15. Expenses for prescription medications, except as specifically provided in this Insurance Program.
16. Treatment to the teeth, gums, jaw or structures directly supporting the teeth, including surgical extractions of teeth, TMJ dysfunction or skeletal irregularities of one or both jaws including orthognathia and mandibular retrognathia. This exclusion does not apply to the repairs to sound natural teeth caused by an Injury. This exclusion does not apply to the removal of impacted wisdom teeth.
17. Expense incurred after coverage terminates, subject to the extension of Benefits.
18. Injury resulting from participation in interscholastic, intercollegiate, or professional sports, including practices and conditioning, play or travel or arising from scuba diving, hang gliding, parachuting or bungee jumping.
19. Services and charges that are determined to be Experimental/Investigational in nature.

MEDICAL EVACUATION BENEFIT \$10,000 Maximum Benefit

When hospital confined for at least five (5) consecutive days, and recommended and approved by the attending Doctor, benefits will be paid up to \$10,000 for Your evacuation to Your home country. This benefit is limited to the Maximum Benefits specified above.

REPATRIATION BENEFIT \$7,500 Maximum Benefit

If You die while insured under the Policy, benefits will be paid up to \$7,500 for preparing and transporting Your remains to Your home country. This benefit is limited to the Maximum Benefit specified

above. No additional benefits will be paid under Basic or Major Medical coverage for Repatriation.

EMERGENCY MEDICAL AND TRAVEL ASSISTANCE

MEDEX Assistance Corporation provides you with a comprehensive program with 24/7 emergency medical assistance including emergency evacuation and repatriation and other travel assistance services when you are 100 or more miles away from home. Your MEDEX identification card is your key to travel security.

For general inquiries regarding your international assistance coverage, please call Consolidated Health Plans at 800-633-7867.

If you have a medical or travel problem, simply call MEDEX for assistance and provide your name, school name, the group number shown on your ID card, and a description of your situation. If you are in North America, call the Assistance Center toll-free at: 800-527-0218 or if you are in a foreign country, call collect at: 410-453-6330.

If the condition is an emergency, you should go immediately to the nearest physician or hospital without delay and then contact the 24-hour Assistance Center.

CLAIM PROCEDURE

In the event of covered Injury or Sickness:

1. Contact the Counseling and Health Services Office. If Student Health Services is not available, determine whether a PHCS Preferred Provider, or in the counties of Hampden, Hampshire, Franklin, and Berkshire a CHP Preferred Provider, is located close by, for treatment at reduced cost to You.
2. A claim form is not required to submit a claim. However, if your treatment is a result of an accident you will receive an accident form from Consolidated Health Plans and be asked to provide additional information in order to process this claim. If there is a question as to whether another insurance plan may be applicable to any treatment received, you may also receive written notification from Consolidated Health Plans and be asked to provide information on any other insurance plan in which you are enrolled. You must respond to this correspondence before the claim can be processed.

3. Itemized billings (Written Proof of Loss) should be submitted by Your health care provider or the Covered Person within 90 days of treatment, or as soon as reasonably possible.

All Claim forms should be submitted to the Claims Administrator shown below:

**CLAIM ADMINISTRATOR:
CONSOLIDATED HEALTH PLANS**

2077 Roosevelt Avenue
P.O. Box 1998
Springfield, MA 01101-1998
(413) 733-4540
Toll Free (800) 633-7867

Within 45 days following receipt of the appropriate documentation, we will either 1) make payment for the services provided, 2) notify the provider or claimant in writing of the reason or reasons for nonpayment, or 3) notify the provider or claimant in writing of what additional information or documentation is necessary to complete the claim filing. If we fail to comply, We are required to pay, in addition to any reimbursement for health care services provided, interest on the benefits beginning 45 days after receipt of the properly documented claim at the rate of 1.5 percent per month, not to exceed 18 percent per year. These provisions do not apply to claims that a carrier is investigating because of suspected fraud.

There is no utilization review performed on this policy.

CLAIM APPEAL

To appeal a claim, send a letter stating the issues of the appeal to Consolidated Health Plan's Appeal Department at the above address. Include your name, phone number, address, school attended and email address, if available.

Claims will be reviewed and responded to within 60 days by Consolidated Health Plans.

Translation services are available to assist insureds, upon request, related to administrative services.

Servicing Broker:

UNIVERSITY HEALTH PLANS, INC.

One Batterymarch Park

Quincy, MA 02169

Local: (617) 472-5324

Out of Area: (800) 437-6448

www.universityhealthplans.com

email: info@universityhealthplans.com

For a copy of the Company's privacy notice, go to:

www.chpstudent.com

**The Plan is underwritten by:
Nationwide Life Insurance Company
Policy No. 302-015-2006**

For Vision Discount Benefits please go to:

www.consolidatedhealthplan.com/student_health