

Support for your journey

Resources for transgender students

Everyone deserves respectful, safe, and affirming health care. That's why we have a suite of resources to help you navigate your specific needs.

Member Service team

The Member Service team is available to answer questions about your health benefits, coverage — including gender affirmation surgery and services — or anything else about your plan. You can find the number on the back of your ID card.

Blues On CallSM

Call 1-888-BLUE-428. Our registered nurses are available 24/7 to answer any questions about acute issues or health concerns. No judgment. Just honest, compassionate answers.

Provider search

Find an in-network provider who supports the LGBTQIA+ community and/or specializes in transgender care. Simply visit My Care NavigatorSM or call 1-888-BLUE-428, Monday through Friday, 8 a.m. to 8 p.m.

Wellness coaches

Our wellness coaches understand that your needs are unique and that support is key. They can offer nutrition and weight management support, or help you with coping strategies for everyday stress. Call 1-800-650-8442 to get connected with a coach, Monday through Friday, 8:30 a.m. to 8:30 p.m.

Behavioral health services

We have behavioral health clinicians available with a wide range of experiences, including LGBTQIA+ specific needs. Our Member Service team can help connect you with one of these specialists.

Our members have access to the AHN Center for Inclusion Health — a medical center committed to offering outstanding health care to transgender people in a convenient and compassionate way. Call 412-359-4649 to speak with the program manager or request an appointment.

**The resources above are always available to you.
To learn more, please call your Member Service team.**



Health benefits or health benefit administration may be provided by or through Highmark Blue Cross Blue Shield, Highmark Choice Company, Highmark Health Insurance Company, Highmark Coverage Advantage, Highmark Benefits Group or First Priority Health, all of which are independent licensees of the Blue Cross Blue Shield Association.

The Claims Administrator/Insurer complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están disponibles para usted. Llame al número en la parte posterior de su tarjeta de identificación (TTY: 711).

请注意：如果您说中文，可向您提供免费语言协助服务。请拨打您的身份证背面的号码（TTY：711）。

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