

# Plan Ahead

## Ask Your Dentist for a Pre-treatment Estimate

Find out ahead of time whether a proposed dental treatment is covered and how much it will cost.

Pre-treatment estimates give you an approximate idea of how much a dental treatment will cost overall and what to expect for an out-of-pocket cost.



Estimates are most typically recommended for any costly procedures over \$300 such as crowns, wisdom tooth extractions, braces, bridges, dentures and oral surgery.

### Pre-treatment estimates help you:

- Make informed decisions about your health care dollars
- Avoid unexpected out-of-pocket expenses and bills
- Verify that you are receiving treatment from a participating dentist
- Confirm that the treatment/service is covered under your plan

### It's easy to get a pre-treatment estimate

1

Ask your dentist to submit a pre-treatment estimate to Delta Dental

2

Delta Dental will review the proposed treatment based on the type of plan you have, your eligibility, your current plan benefits and the amount remaining in your annual maximum.

3

Delta Dental mails you and your dentist a pre-treatment explanation of benefits (EOB) confirming the covered services, how much Delta Dental will pay and how much you will pay in out-of-pocket costs.

*Pre-treatment estimates are based on eligibility and the plan design on the date the estimate is processed and are not guaranteed for future benefits.*

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